

Competition Criteria Breakdown 2020/21

Primary Schools



Competition	Age Group Eligibility	Team Size	Squad Size	Gender Split	Additional Information
U11 Quadkids Athletics	Year 6 and below	Min 8 Max 10	Min 8 Max 10	Min 4 Max 5 boys & Min 4 Max 5 girls	All 8-10 compete in 4 events (standing long jump, vortex throw, 75m & 600m)
U11 Sportshall Athletics	Year 6 and below	Min 18 / Max 30	Min 18 / Max 30	Min 9 & Max 15 Boys Min 9 & Max 15 Girls	Each boy / girl can participate in a max. of 2 track events and 2 field events (there are 6 field & 6 track events)
U11 Basketball	Year 6 and below	5	Min 10 & Max 12	Min 5 & Max 6 Boys Min 5 & Max 6 Girls	Games are split into two halves : First half for girls. Second half for boys
U11 Kwik Cricket	Year 6 and below	8	Max 10	All boys or any combination of boys & girls	No substitutes are permitted during a match
U11 Girls Kwik Cricket	Year 6 and below	8	Max 10	Girls Only	No substitutes are permitted during a match
U11 Football	Year 6 and below	7	Max 12	All boys or any combination of boys & girls	No player can play more than 60 cumulative minutes
U11 Girls Football	Year 6 and below	7	Max 12	Girls Only	No player can play more than 60 cumulative minutes
U11 Boys Futsal	Year 6 and below	5	Max 10	Boys Only	Rolling Substitutes
U11 Girls Futsal	Year 6 and below	5	Max 10	Girls Only	Rolling Substitutes
Yr 1/2 KS Gymnastics	Year 2 and below	6	6	The team must contain 1 boy & 1 girl. Ideally, a team should be 3 boys & 3 girls	All 6 pupils perform both the body management / floor exercise & vault. Aimed at pupils doing less than 2 hours of gymnastics pw
Yr 3/4 KS Gymnastics	Year 4 and below	6	6	The team must contain 1 boy & 1 girl. Ideally, a team should be 3 boys & 3 girls	3 pupils perform floor exercise & 3 perform body management. All 6 perform vault. Aimed at pupils doing less than 2 hours of gymnastics pw
Yr 5/6 KS Gymnastics	Year 6 and below	6	6	The team must contain 1 boy & 1 girl. Ideally, a team should be 3 boys & 3 girls	All 6 pupils perform the floor exercise & the body management & the vault. Aimed at pupils doing less than 2 hours of gymnastics pw
U11 Quicksticks Hockey	Year 6 and below	4	Max 8	2 Boys & 2 girls on pitch at any one time	-
U11 High 5s Netball	Year 6 and below	5	Min 8 / Max 9	All girls or a max of 2 boys on court at any one time. Max of 3 boys in the squad	You must follow the rotation sheet in order for each match (including half time) (see 8 and 9 player templates)
U11 Orienteering	Year 6 and below	4	4	All boys/All girls or any combination of boys & girls	Teams split into two pairs

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U11 Swimming Gala	Year 6 and below	8	8	4 boys & 4 girls	All 4 boys & 4 girls swim in an individual event + two relays
Yr 3/4 Mini Tennis	Year 4 and below	4	4	2 boys & 2 girls	Boys seeded 1 & 2 & Girls seeded 1 & 2 Not open to pupils with an LTA Orange or Green rating
U11 Boys Team Table Tennis	Year 6 and below	4	4	4 boys	Boys seeded 1-4
U11 Girls Team Table Tennis	Year 6 and below	4	4	4 girls	Girls seeded 1-4
Boccia	Year 6 and below	3	3	Not applicable	Specifically for pupils on the SEN register. May include: physical impairments, hearing & visual impairments, pupils on the autistic spectrum, low motor ability. Schools can enter individuals or teams
Panathlon	Year 6 and below	6-8	6-8	Not applicable	