

# U11 Rounders Suffolk Cup

Team / Squad Criteria	Age Group Eligibility
<ul style="list-style-type: none"> <li>● Max Squad Size 15 (9 players on the field at any one time)</li> <li>● No substitutes are permitted during any match</li> <li>● <u>Girls Only competition.</u></li> </ul>	<ul style="list-style-type: none"> <li>● <b>Year 6 and below.</b></li> </ul>

## Competition Format & Basic Rules

### Batter

- Wait in the backward area well away from 4th post. If out, wait in the backward area well away from 1st post.
- You will have one good ball bowled to you, a no ball will be called if;
  - a) Not smooth underarm action;
  - b) Ball is above head/below knee;
  - c) Ball bounces on way to you or is wide or straight at body;
  - d) The bowler's foot is outside the square during the bowling action.
- You can take or run on a no ball, but once you reach 1st post you cannot return. You score in the normal way.
- **Out when** - a) Caught; b) Foot over front/back line of batting square before hitting or missing a good ball; c) Running inside post (unless obstructed); d) The post you are running to is stumped; e) You lose contact with post during bowlers action when he has possession in the square; f) You are overtaken (by person who hit the ball); g) You obstruct (you have right of way on track only)

### Running around the track (please carry the bat)

- If you stop at a post you must keep contact with the post, with hand or bat. If you don't the fielding side can stump the following post to put you out.
- You can run on to a post even if it has been previously stumped (you don't score if the post immediately ahead has been stumped).
- When the bowler has the ball in his square you cannot move on, but if you are between posts you can carry on to the next.
- You cannot have two batters at a post. The Umpire will ask the first to run on when the second one makes contact.
- At a post you do not have to move on for every ball bowled.

### Scoring

- 1 Rounder if ball is hit and 4th post is reached and touched before next ball is bowled 1 Rounder if ball is hit and 4th post reached on a no ball (you can't be caught out). ½ Rounder if 4th post reached without hitting the ball.
- ½ Rounder if ball is hit and 2nd post reached and touched before next ball is bowled - but if you continue this run and are put out before reaching 4th post, the score will be nullified.
- Penalty ½ Rounder for an obstruction by a Fielder. Penalty ½ rounder for 2 consecutive no balls to same batter.
- 1 Rounder for a backward hit if 4th post reached (you stay at 1st while ball is in the backward area).