

U11 Mixed Basketball

Team / Squad Criteria	Age Group Eligibility
<ul style="list-style-type: none"> Squad Sizes - Minimum 10, Maximum 12 (50-50 ratio) - played across two halves 	<ul style="list-style-type: none"> Year 6 and below

Competition Format & Basic Rules

Game Play (flexibility at 'local' competitions may be applied by the competition organiser)

- Matches played a 5 girls first half, 5 boys second half
- Games can be played across pools or in a round-robin format depending on time/teams etc.
- Each game should be split into two (or four quarters if time permits).
- One half is for boys and the other half for girls only
- The game starts with a 'jump ball' contested by a player from each team (in a middle circle), which should be 'tapped' to a team mate
- A basket is worth 2 points. There are no 3 pointers (There will be no free throw shots during the match)
- All defending must be man to man and they must stay with their defender
- Substitutions can only be made during a dead ball. You cannot make a substitution after a basket has been scored

Violations - (If any violation is committed, the non-offending team will take a throw in from the nearest side or end line)

- Deliberately punching or kicking the ball or the ball being knocked out of the playing area
 - Dribbling the ball with two hands or dribbling then stopping then dribbling again (double dribble)
 - Taking more than two steps with the ball without bouncing it (travelling)
 - Fouls* - a player is not allowed to make contact with an opponent who has the ball. They cannot hold, block, push, charge or trip an opponent.
 - Where a player is fouled in the act of shooting (eg. A lay-up or outside shot), this player's team will be awarded 1 point and will be given possession of the ball back at the closest side line to the violation.
 - If the basket is scored when the played is fouled, the basket counts for 2 points as normal and play continues
- *Individual fouls will not be recorded, however a player repeatedly fouling may be asked to leave the court by the official and replaced by a team mate.*

All balls will be size 5 and rings should be a min. of 8 foot and max. of 10 foot. Court size may vary depending on the venue and number of teams entered.