

Virtual Basketball: Challenge Circuit for Year 7 and 8

Students complete a circuit of six challenges, with each station testing a different skill.

We have kept the drills very simple so that pupils can set up and score the event themselves.

This event is for boys and girls, with separate results for each. There are four categories in total (Yr 7 Girls, Yr 7 Boys, Yr 8 Girls, Yr 8 Boys). You do not have to enter every category to take part.

There is no limit on how many students take part. We hope you will involve as many as possible.

Scoring and Results

Please record your scores on the attached scoresheet.

Only the top five boys results and top five girls results for each age group will count. This is the combined scores for all six challenges. Only these results will be awarded points for your team. You are welcome to enter more than this on the spreadsheet but they will not count. If you wish to save time, you may enter just your top five for each category (rather than every pupil).

Scores should be submitted to SGO@westbourne.attrust.org.uk by 5:00 pm on Friday 11th December 2020.

We still need to know how many students have taken part overall (even if you only wish to submit your top five results). This information can be easily provided using our data sheet (attached) where you just give the overall numbers, with no names, etc .Completed data sheets should be returned to alison.furlong@westbourne.attrust.org.uk

Results

Results will be published during the week commencing 18th December.

Equipment

Basketballs - size 6
Cones
Basketball hoop
Partner/helper

