

COMPETE



SCHOOL GAMES

SUFFOLK VIRTUAL COMPETITIONS

2021

VIRTUAL HOCKEY

DATES : Until 23rd April

TARGET AUDIENCE

These events are for students who are competitive in nature and thrive on performing and competing against others.

YEAR GROUPS

Year 3 & 4 Girls
Year 3 & 4 Boys
Year 5 & 6 Girls
Year 5 & 6 Boys

WHERE

At school or at home.

LEADERSHIP OPPORTUNITIES

- Using Leaders to demonstrate the tasks.
- Using Leaders to lead part of the session (eg. warm up / Cool Down).
- Using Leaders to time the activities.
- Using Leaders to record Results.
- Using Leaders to take photographs for use on social media.

SCHOOL GAMES

VALUES

During each of the competitions pupils are challenged to demonstrate the School Games values



Determination - Determination is about the journey you go on to push yourself and achieve your dreams.



Passion - Giving it 100 percent. Putting your heart and soul into the game and never giving up.



Respect - Respect for the referee, for the opposition, for your team mates, for yourself and for the game.



Honesty - Honesty with others and with yourself. Having the courage to do the right thing and what you know is right.



Self Belief - You've got to believe to achieve. Have the self-belief and confidence to succeed and reach your personal best.



Teamwork - Treating everybody equally, supporting each other and working together to achieve at your very best level.

INFORMATION

Students complete a circuit of challenges, with each station testing a different skill. For Years 3 & 4 there are five challenges. For Years 5 & 6 there are six slightly more difficult challenges.

We have kept the drills simple so that pupils can set up and score the event themselves. If you have Leaders, they could also support the event.

This event is for boys and girls. There are four categories in total (Year 3 & 4 Girls, Year 3 & 4 Boys, Year 5 & 6 Girls, Year 5 & 6 Boys). You do not have to enter every category to take part.

There is no limit on how many children take part. We hope you will involve as many as possible!

Prizes, certificates and stickers will be available for those best demonstrating the School Games Values.

Equipment

Hockey sticks

Hockey balls

Cones

Partner or helper

SCORING

The attached score sheet can be used for the event. This will also enable you to record Personal Bests.

You do not need to submit your scores to us but we are happy to have them if it helps with your data.

HOW TO ENTER

Please return your participation data sheet by 23rd April to sgo@westbourne.attrust.org.uk



